

Sunday 13 March 2022

scottishathletics Spring Throws Meeting

FINAL TIMETABLE

Ayrshire Athletics Arena, Kilmarnock

**Athletes must declare their intention to compete at least
60mins before the event start time**

Field

Event No	Time	Event	Pool	
F1	10:00	Javelin	1	
F2	10:00	Discus	1	
F3	11:15	Javelin	2	
F4	11:15	Discus	2	
F5	13:00	Hammer	1	
F6	13:00	Invitation Shot Put	1	
F7	14:15	Hammer	2	

All athletes will receive 1 warm up and 5 competition trials